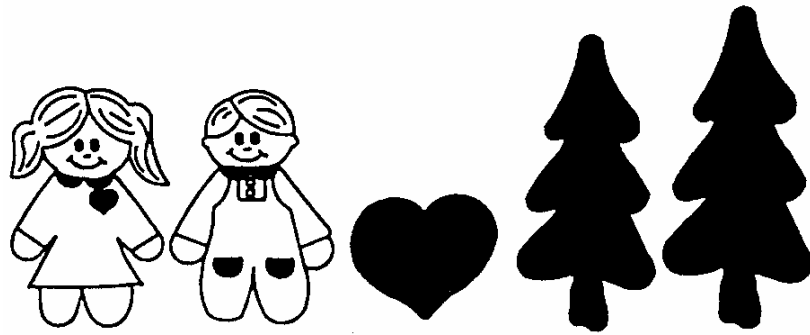


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October 2012



Tall Pines Tidings

Dates to Remember



October

- Bulb Sale order forms in your cubby early October !!*
- | | |
|---------|---|
| 1 | Monthly tuition due –Late after the 10 th |
| 3 & 4 | Fairgrounds closure. Bring child to Minnie Park 9:30-12. Bring lunch & drink. |
| 8 | Board Meeting 6:30pm at Tall Pines |
| 9 | Spanish begins for T/TH Older \$8 per class |
| 10 | Spanish begins for M/W Older \$8 per class |
| 10 | Movie Nite on the lawn. Lady & the TRAMP starts at 7 pm. Come early! |
| 15 | Deadline for ordering Fall Bulbs. |
| 17 & 18 | Pumpkin Patch Bierwagen's Chicago Park 9:30 – 11 am. Younger and Older |
| 19 | Pumpkin Patch Bierwagen's Chicago Park 9:30 – 11 am. PT1 and PT2 |
| 25 | Pizza Night at Round Table Pizza 4-9 pm. 20% proceeds to Tall Pines |
| 26 | PT1 & PT2 classes Halloween celebration during class |
| 30 | T/TH classes Halloween celebration during class |
| 31 | M/W classes Halloween celebration during class |



November

- | | |
|-------|--|
| 1 | Tuition due. Late after the 10 th . |
| 5 | Board Meeting 6:30 pm at school |
| 6 & 7 | Leaf Walk in Pioneer Park. Nevada City. Flyer to come. |
| 12 | No school – Veterans' Day |
| 14 | SVC/CCPPNS Meeting in Loomis at 6 pm |
| 15 | General Meeting 7 pm at school. Mandatory for parents and board. |
| 21-25 | No school –Thanksgiving Holiday and break |
| 26 | Return to school |

Tall Pines Tidings

Kids are Cooking in October !

Kids will be cooking seasonal things in October in class; we'll be enjoying a field trip to Bierwagen's Pumpkin Patch and Trick or Treating down Treat Street. See article on Halloween Celebration!

3 & 4 Homemade Apple sauce – in-class cooking

10 & 11 Pumpkin quesadillas – in-class cooking

17, 18 & 19 Field trip to Pumpkin Patch at Bierwagen's Orchard in Chicago Park: Bring lunch and a drink. Pumpkins for sale. Free admission for Tall Pines Families!

Halloween Celebrations at school: See sign-up to bring something!!

Nov 1st School will do snack.

President's Message

Hello Friends. I hope that everyone is settling in and enjoying the time at Tall Pines. It's hard to believe we are in our second month of school and the holidays are sneaking up on us. October, the fall season, brings such fun events, such as, going to the pumpkin patch Bierwagen's. Our kids have so much fun picking out their pumpkin and playing on the bales of hay. Then of course we have the Halloween celebration, it's really cute how excited they get, to get dressed up in their costume, go to school and be a princess, a favorite animal, or super hero for a day and trick or treat on Treat Street. Then for us, the parents getting to see all the adorable costumes, is so special. Also, the classroom activities. All the Fall crafts that are made and used to decorate the classroom and home too. My daughter is so excited that movie night is coming up. This is another fun event on October 10th. The kids get to watch a movie at school outside with their friends. Wrapped up in a sleeping bag or blankets.

I look forward to all the great memories in the months coming. If you have questions or concerns please don't hesitate to contact me.
Happy Fall Season

♥ ~Sarah

Business Office

Well, things are starting to settle down here in the business office, as the beginning of the year "rush" is now over. We have settled in and are getting into our routines ~ just like the kids. Thank you to all of you who have turned in your paperwork. And, for those of you still working on completing your child's file ~ please get those forms to us as soon as possible. As I'm sure you've heard us say a few times ~ these forms are a requirement with the State of California. As you know by now, we are in the process of transitioning the business office. I have some pretty big shoes to fill here in the office, so I will be working closely with Nancy and Bill throughout the year to learn the ropes. I am very excited to be able

Tall Pines Tidings

to continue with Tall Pines, even after my youngest daughter graduates to Kindergarten next year! Thank you to everyone for such a warm welcome in my new role! If you have any questions, please feel free to stop by the office and we will be happy to help.

We feel honored to be working with so many wonderful families and teachers ~ you are what makes this school such an amazing place! Here's to a great year!

♥ ~Your Office Team: Nicole, Nancy and Bill

*CSA Produce Boxes June-November.
Vegetable starts available after Easter.
We are one mile from Tall Pines!*

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From Teacher Michelle

If you celebrate Halloween with your children, here are some ways to keep them from being overwhelmed. Developmentally, holidays can be stressful both emotionally and physically on a toddler or preschool-age child. We can help our children by remembering that most holidays are special to adults because of positive experiences as youth, teens, or young adults. Young toddlers and preschoolers will not remember as adults that they missed the downtown trick-or-treat candy or a night event

when they were two or three years old. If they have older siblings to remind them, let them know that Tall Pines Halloween is just for toddlers and preschoolers and their older siblings are not invited to attend their special event. We make Halloween very fun and imaginative at Tall Pines. Treats are non-candy items and simple, homemade costumes that you create together are enjoyed and easy to wear. If you do plan to go out in the evening, aim to have a healthy lunch or afternoon snack. One good meal can give their immunity a boost. Try to take at least one nap. Skip the facepaint. Even hypoallergenic make-up can be harmful to their skin. Minimize masks, hats, and props because you will likely be carrying them. If costumes are itchy or it is cold, let them choose a soft, warm shirt or pants to wear beneath. If a costume or decorations or sounds frighten them, comfort them and remove them from what is frightening. They don't need to warm-up or adjust to it or have an explanation about reality and fantasy. In general, avoid the really scary places. For eating treats, my pediatrician recommends teeth are clean before eating treats and the candy is eaten in one day, then removed. I sift through the candy to remove hard candies or choking hazards and then let my child choose one piece of candy for each birthday they have attained. I let them choose a piece for me (especially if there are Reese's or Snickers) and we enjoy it together, then brush our teeth together. If you wish to donate candy, some local organizations accept candy after Halloween. Have a fun and safe Halloween!

♥ ~Teacher Michelle & Chester Raccoon

Tall Pines Tidings

Upcoming Events & Deadlines

Special on 50th anniversary shirts

Adults Men's & Women's \$10.00

Youth \$8.00 All sizes available

Klean Kanteens Large \$20.00, Small \$15.00

Both shirts and Kanteens on display above library.....both in stock

• Dutch Mills Fall Bulbs Sale

Order forms in your cubbies. Sell like crazy! Sell 'em to yourself and friends and family – beautiful spring flowers – tulips, daffodils and more – plant in the Fall for Spring blooms. **Deadline – October 15th.**

• Take Out For Tall Pines

Pizza Nite at Round Table Pizza in the Glenbrook/Brunswick basin **Thurs. Oct 25th 4-9 pm** 20% of proceeds go to Tall Pines! Bring the whole family and friends too!



Ταλλ Πινες Ωεβσιτε:

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Φαχεβουκ:

**Tall Pines Nursery School &
Tall Pines Event Reminder**

Teacher Kelsey's Fun Activities

Fall is upon us here in Nevada County!!! We are so blessed to live in such a beautiful and inspiring place as Nevada County. Breathe in the crisp air and take a moment (or a few) to take in the beautiful sight of the changing colors. I thought I would share a few of the fun Fall activities that I like to do with my girls.

* Cut apples in half and then paint the insides with fingerpaint, fabric paint, or any other paint you have handy and stamp paper, a canvas bag, or yourselves (with fingerpaint).

* Go on a leaf walk and bring a small paper bag to fill with natural treasures such as fallen leaves and acorns. Bring a journal and crayons along to let the children draw what it is they see on your walk..

* When raking leaves, make a pile and hide treasures for them to find.

* Use these leaves to make a scarecrow with an old shirt and pants.

* On a particularly chilly day take a trip to the library and check out books with a Fall theme then snuggle up and read to them.

* Go to the farmers market at North Star Mine, 12075 Old Auburn Rd. (about a 1/2 mile from the fairgrounds) and see what our local farmers are growing in the Fall season.

Enjoy this special season! ❤️ ~Teacher Kelsey

Tall Pines Tidings

The Goodbye Song

*School is over for today
 Good bye my friends, we're on our
 way.
 We'll soon be back to laugh and
 play
 At Tall Pines Nursery School
 And...I...love...YOU & YOU & YOU...*



HALLOWEEN CELEBRATION

Dear Parents –

Our Halloween celebrations are approaching fast. We do celebrate Halloween but in a very friendly non-scary atmosphere. Young children love Halloween. They love to dress up. There are a few reminders we must follow. Please do not send your child in a scary costume or a costume with a mask. If your child chooses not to wear a costume, that is perfectly fine – they may change their minds, so you might want to send the costume in a bag.

We do ask parents to dress up for Trick-or-Treating on Treat Street – located at the Fairgrounds. We need four adults from each class, so please check with your teacher if you are able to help. There will be a Halloween Celebration sign-up by the sign-in sheet in your child's class. Again, be mindful of the "too scary" factor. Parents that sign up to pass out treats, please be ready at 10:30 am – we will

have all of your treats ready for you to take over to Treat Street.

***All parents – please bring 40 non-candy items to be passed out on Treat Street**

Last Reminders –

♥ ~Your child will make a trick-or-treat bag in class, so there is no need for them to bring one

♥ ~Sign up on the Celebration sheet by the sign-in sheet to bring something 'healthy' for that day. All activities are during class time. Trick-or-treating on Treat Street.

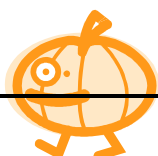
♥ ~Treat bags are not opened at school – We tell the children that Moms and Dads need to

check treats because of safety. If they are opened at school your child will likely misplace them.

♥ ~Please be mindful of not making your Halloween celebration time too stressful or too jam-packed with too many things to do. Enjoy your children at this special time – dragging them everywhere to get candy may be too overwhelming – SIMPLIFY and use YOUR good thinking!!

The Teachers and I thank you! This is probably one of my favorite things to do – it is very sweet and simple. If you do not wish to participate in this celebration for any reason, please feel free to discuss that with your child's Teacher or myself. **WE DO HALLOWEEN CUTE!**

♥ ~Teacher Debby

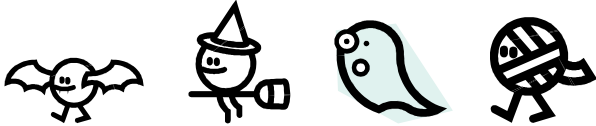


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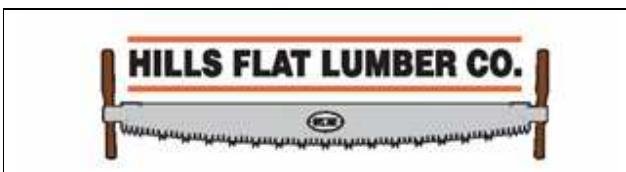
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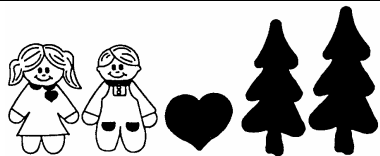
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Teacher Debby's Parent Page

As you watch in our classrooms –especially in the 4 & 5 year-old classrooms, there is truly wonderful learning going on. Through music and movement the following is occurring:

- Live daily audiovisual stimulation.
- Music & movement follows the process of learning language: WHOLE to PART to WHOLE.
- Builds a sense of community.
- Sets up conditions to enter a play state.
- Develops strong auditory attention skills.
- Builds routine for useful brain regulation.
- Ties movement and language together for a WHOLE experience.
- Music & Movement together provides repetition and familiarity, which helps students gain a sense of organization and mastery.
- Involves the whole body, allowing for images to be stored—thus brain development.
- Provides opportunities for genuine problem solving and prediction.
- Increases vocabulary and concept development.

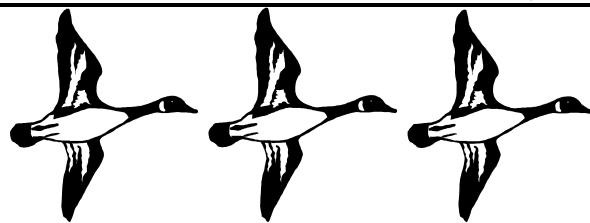
It also offers practice in:

- Directionality (side by side)
- Position in space (relationship to everything else)
- Spatial relations
- Laterality (right/left), which relates to crossing of the midline for success in reading.
- The combination of song and play helps stabilize the child's emotional system.
- Builds regard for others and self.
- Develops inner hearing.

Guess what? This all happens within the music & movement in the environment of play. Remember to always look closer to really see the benefits of **play** and how this benefits your child.

"A child who is settled, relaxed, alert, focused, regardful and engageable...Leans."

♥ ~Teacher Debby



The Goose Story

This fall, when you see the geese heading south for the winter, flying along in a V formation, you might be interested to know what science has discovered about why they fly that way.

As each bird flaps its wings, it creates an uplift for the bird immediately following. So by flying in a V formation, the whole flock adds at least 71% greater flying range than a bird on its own. **Those who share a common direction and sense of community can accomplish more because they are traveling on the "draft" of one another.**

Whenever a goose falls out of formation it suddenly feels the drag and resistance of trying to go it alone, and quickly gets back into formation to take advantage of the lifting power of the bird immediately in front. **Our work is easier when we join with others headed in the same direction.**

When the lead goose gets tired, it rotates back in the wing, and another goose flies point. **Delegation and taking turns prevents burnout.**

The geese at the back of the formation constantly honk to encourage those up front to maintain their speed. Just like people!

Finally, and this is very important, when a goose gets sick or is wounded and drops from the sky, two other geese immediately fall out of formation and follow it down. Moreover they stay with their fallen companion until it is either dead or able to fly again. They launch out on their own again or with another formation to catch up with their group. **Perhaps if we have the sense of a goose, we will stand by each other and use our cooperation.**